

# RRR!



**2021: *Parent  
Guide***

**El Toro HS – Music Boosters 2021/22  
Season**

**Music Director**  
Brandon Miller

**Marching Band Liaison**  
Randy Sellke

**RRR Drum Major**  
Rachel Sellke



## Welcome!

Congratulations! Your student has made an excellent choice and is now part of the Award-Winning  
**Royal Blue Regiment!**

As we prepare for the post-COVID world, we would like to ensure that each of you, as parents, understand what to expect and welcome your participation to provide an enriching experience for your student throughout their high school career at El Toro.

Our students perform above average academically to their peers, have a heightened sense of belonging and prepare themselves to attend some of the best colleges and universities throughout the country. RBR offers them a place to belong, participate, compete, lead, and grow.

As parents we try to enable this process by providing our programs the tools and resources needed to ensure success. That's where you come in... Welcome to the El Toro High School Instrumental Music & Pageantry Boosters (Boosters)!

Who are the Boosters...YOU ARE!

*Randy Sellke*

*ETHS IMPB Marching Band Liaison*

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## Let's Meet the Team:

### Marching Band Coaching/Instructional Staff:

- Director: Mr. Brandon Miller
  - Email: [brandon.miller@svusd.org](mailto:brandon.miller@svusd.org)
- Percussion Caption Head and Battery Instructor: Roger Carter
- Front Ensemble Instructor: Tan Hyunh
- Color Guard Caption Head: Jessica Patterson
- Color Guard Instructor: Thalia Ortega
- Brass Tech: Alexis Winchell
- Visual Tech: TBD

### Marching Band Student Leadership:

- Drum Major: Rachel Sellke
- Assistant Drum Major: Jhovany Ramirez
- Color Guard Captain: Skylar Paxton
- Color Guard Lieutenant: Jayden Garcia
- Drum Captain: Matt Nogle
- Drum Lieutenant: Abigail Tullius
- Brass Captain: Nathan Huseby
- Brass Lieutenant: Ben Mercado
- Woodwind Captain: Michael Brewer

### Boosters:

- Marching Band Liaison: Randy Sellke
    - Email: [randy.sellke@gmail.com](mailto:randy.sellke@gmail.com)
    - Phone: 949-525-3208
  - Color Guard Co -Liaisons: Sandra Fletcher & Belinda Dawson
    - Sandra Email: [seanandsandra@cox.net](mailto:seanandsandra@cox.net) Phone: (714) 743-3141
    - Belinda Dawson: [belindadawson@icloud.com](mailto:belindadawson@icloud.com) Phone: (310)283-5167
  - ETHS IMPB President: Maureen Macias
    - Email: [eltoromusicinfo@gmail.org](mailto:eltoromusicinfo@gmail.org)
    - Phone: 949-525-1590
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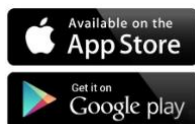
## Where to go to find information?

The primary source of the most up-to-date information is the program website: [www.eltoromusic.org](http://www.eltoromusic.org).

On the website we have:

- RBR Calendar (Add it to your mobile phone with Google Calendar):  
<https://www.eltoromusic.org/calendar.html>
- Make a Payment: <https://www.eltoromusic.org/donations.html>
- Forms: <https://www.eltoromusic.org/forms.html>

In addition, receive key notifications via text through the downloadable app Remind:



RBR has 2 Remind Accounts:

- \*Students ONLY: text **@rbr-21** to **81010**
- \*Parents ONLY: text **@rbr-parent** to **81010**

\*quite often, the same information is sent to both accounts.

## Who to Contact?

- **Mr. Miller** - Program questions, student challenges, sensitive information about a student, etc.
  - **Drum Major and or Section Leaders** - Student questions regarding practice times, music help, tutoring, etc.
  - **Marching Band Liaison** - Parent participation, Booster questions, etc.
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## What must every student complete prior to start of the season?

Every Student **MUST** complete the following and turn in the completed forms (prior to, or on) the first day of Band Camp **NO EXCEPTIONS...** all forms can be found here:

<https://www.eltoromusic.org/forms.html>

- New Parent/Student Information and Order Form
- SVUSD Sports Screening Form
- Uniform Agreement

## What to Expect?

### Band Camp

**Attendance is Required!** It is important to have all forms completed prior to Band Camp. **STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT COMPLETED FORMS.**

1. **Be On Time:** The Posted start time for rehearsals is when rehearsals begin, therefore, students need to arrive early to be ready for rehearsals.
2. **Water:** Every student is expected to bring a ½ to 1 gallon, insulated water jug (FILLED) to all rehearsals. There will be frequent water breaks and students will need to hydrate regularly throughout the day.
3. **Clothing:** Students should wear loose, breathable, athletic clothing that allows for easy movement...**NO JEANS.** Every student should wear athletic shoes... **NO Skate Shoes, slip-ons, or sandals.** Students will be jogging/marching/exercising, and proper shoes will prevent injury.
4. **Sunscreen:** Activities will be outdoors. Every student should apply sunscreen prior to rehearsals and have sunscreen to re-apply throughout the day. Students will be perspiring.
5. **Hat/Sunglasses:** We recommend a hat and sunglasses as protection.
6. **Dinner:** There will be a 1 Hour Dinner Break. Students should bring their own food or money to purchase food. Meals will not be provided.





## Let's talk finances...Recommended Student Contribution

For the 2021 RBR season we are asking for the following contribution from each student in our program:

- **Woodwinds/Brass:** \$625.00 – RBR Contribution and \$55 – For Shoes and Gloves
- **Battery/Pit:** : \$625.00 – RBR Contribution and \$55 – For Shoes and Gloves
- **Color Guard:** \$625 – RBR Contribution and \$200 – For Color Guard Costumes

**Make your Contribution Here:** (<https://www.eltoromusic.org/donations.html>)

Our program exists through your contributions... SVUSD provides our program with our Music Director and our facilities along with a \$5,000 discretionary budget.

There is a lot that goes into fielding our programs each year.

The El Toro High School Music Boosters manage to scrape together nearly \$100k annually in support of our program.

To have a “world class” program, our parent boosters fund:

- Professional Music Instruction and Coaches
- Uniforms
- Transportation to Events and Competitions
- Logistical Equipment (Trailers, Trucks & Moving Equipment for Instruments and Program Props)
- Purchase of Music
- Sound and Staging Equipment
- Program Props
- Medical Supplies
- Misc. Materials and Tools

**Without parent contributions, our program would not exist.** Unlike private and charter schools, as a public school, we cannot “require” parents to “pay to play”. We can only recommend a fair contribution amount from every student family to help cover the costs of fielding our programs.

*It takes the entire program, working together, to successfully fund this activity.*

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## A final word about finances...

Every year, our program is fortunate to have parents and friends of our program who can afford to contribute above and beyond the recommended donations. These individuals enable our program to thrive as a leading program in the state. We offer two separate programs to help support Music at El Toro High School.

**If you think that your family or friends can help, please visit:**

- Music Angels: <https://www.eltoromusic.org/angels.html>
- Project Inspire: <https://projectinspire.squarespace.com/>

### Music Angels:

Music Angels support the operating budget for our programs. These individuals provide financial assistance to help field all our programs and pay for the direct expenses incurred each year in our programs.

### Last Year's Angels – THANK YOU!

**Director's Circle** (\$1,000 +): Betty Ramsey, Dr. Leif Loberg, The Huseby Family, The Cartwright Family, The Heitman Family, The Nogle Family, The Sellke Family, and the Tekin Family

**Conductor Circle** (\$800): The Bowen Family

**Concert Circle** (\$500): The Floyd Family, Robert Kauffman, The Reed family, The Teillet Family

**Field Circle** (\$300): Cronin Family, Hartman Family, Wynia Family

### Project Inspire:

Project INPIRE is the directed effort to attain funding for instrument replacement, equipment and materials needed for music instruction and student performances.

Music Instruments Wear Out...

Depending on the quality level of the instrument, the average life expectancy of an instructional music instrument can range from 2 to 15 years!

Most of the instruments that ETHS ensembles field are well over 15 years old and held together with love (and creative measures).

The variety of creative educational opportunities offered to ET students require a wide variety of instruments. As one of the largest student groups on campus, our ensembles represent a growing need for students of every economic background.

Quality new and used replacement instruments range in price from \$1,000 to \$10,000 each... which this program helps to fund.

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## What's Next?

From now until August, please continue working to complete the following:

- New Parent/Student Information and Order Form
- SVUSD Sports Screening Form
- Uniform Agreement

If you are able to, please begin to provide your first contribution.

If your student is in town and available, it is highly recommended that they attend the July practices which can be found at [www.eltoromusic.org/calendar](http://www.eltoromusic.org/calendar).

As we get into August, the schedule of important dates for the Royal Blue Regiment is as follows:

- |   |   |
|---|---|
| <input type="checkbox"/> August 2 – 6: Band Camp Week 1 (1:00pm – 9:30pm)           | <input type="checkbox"/> October 1: Football Game #4                          |
| <input type="checkbox"/> August 9 – 13: Band Camp Week 2 (1:00pm – 9:30pm)          | <input type="checkbox"/> October 2: MVHS Field Tournament                     |
| <input type="checkbox"/> August 3: RBR Parent Meeting (Mandatory) 7:00pm            | <input type="checkbox"/> October 8: Friday Rehearsal #3 (3:15-7:45pm)         |
| <input type="checkbox"/> August 14: RBR Beach Party & Bonfire HB (2:30-8:30pm)      | <input type="checkbox"/> October 9: Aliso Niguel Tournament                   |
| <input type="checkbox"/> August 20: Friday Rehearsal #1 (3:15-7:45pm)               | <input type="checkbox"/> October 15: Away Game vs. Capo Valley                |
| <input type="checkbox"/> August 25: Mandatory Parent Meeting (All Ensembles) 6:30pm | <input type="checkbox"/> October 22: Football Game #6 (*8th Grade Band Night) |
| <input type="checkbox"/> August 27: Friday Rehearsal #2 (3:15-7:45pm)               | <input type="checkbox"/> October 23: Kennedy Field Tournament                 |
| <input type="checkbox"/> September 3: Football Game #1                              | <input type="checkbox"/> October 29: Football Game #6 (*Senior Night)         |
| <input type="checkbox"/> September 10: Football Game #2 (Homecoming)                | <input type="checkbox"/> October 30: Irvine Field Tournament                  |
| <input type="checkbox"/> September 17: Football Game #3                             | <input type="checkbox"/> November 5: 6th Grade Showcase TBD                   |
| <input type="checkbox"/> September 18/25: *Parent Preview (TBD)                     | <input type="checkbox"/> November 5: Friday Rehearsal #4 (3:15-7:45pm)        |
| <input type="checkbox"/> September 24: Football Game vs Tesoro – Home               | <input type="checkbox"/> November 6: * Don Lugo Tournament TBD                |
| <input type="checkbox"/> September 29: *RBR Photo Day                               | <input type="checkbox"/> November 12: Friday Rehearsal #5 (3:15-7:45pm)       |
|   | <input type="checkbox"/> November 13: WBA Championships @Trabuco Hills HS     |
|   | <input type="checkbox"/> November 17: * Bandfest @ ETHS                       |
|   | <input type="checkbox"/> December 1: * RBR Awards Night @Buffalo Wild Wings   |

*\* Denotes a tentative date/event*





## Royal Blue Regiment



### 2021 Parent/Student Information & Order Form

Student Name (print): \_\_\_\_\_  
First Name Last Name

Phone Number: \_\_\_\_\_

Student Email: \_\_\_\_\_

Parent Name (print): \_\_\_\_\_  
First Name Last Name

Phone Number: \_\_\_\_\_

Parent Email: \_\_\_\_\_

#### Player Contribution:

☐ Full Amount of \$625

☐ Payment Plan: ☐ Band Camp \$300 ☐ RBR Expense I \$200 ☐ RBR Expense II \$125

Payment Type: ☐ Cash ☐ Check (Payable to ETHS IMPB) ☐ Credit Card / Website

☐ Color Guard Costume of \$200 (*Color Guard Only*)

☐ Shoes (*Musician Only*) - \$50 Shoe Size: \_\_\_\_\_

☐ My student will wear booster-issued, pre-owned shoes (*limited quantities*)

☐ My student already owns shoes/does not need to order

☐ Gloves/Wrist Bands (*Musician Only*) - \$5

\*gloves for brass & woodwind \*wrist band for drumline

☐ My student already owns gloves/wristbands and does not need to order

#### Please select your volunteer interest(s):

- ☐ Chaperone ☐ Prop Building ☐ Competition Day Floor Helper ☐ Chaperone  
☐ Hospitality/Food ☐ Baking/Cooking ☐ Banquet Planning ☐ Shopper ☐ Uniform  
☐ Pulling Trailer ☐ Videographer ☐ Photographer ☐ Board Member ☐ Sewing  
☐ Newspaper/Flyer ☐ Fundraising ☐ Other \_\_\_\_\_

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 (ETHS IMPB Board Use)

\_\_\_\_ Paid \_\_\_\_\_ Date Received \_\_\_\_\_ Amount ☐ Cash ☐ Check ☐ CC ☐ Website



Saddleback Valley Unified School District

Date of Exam: \_\_\_\_\_

## PREPARTICIPATION SPORTS SCREENING EVALUATION

*Complete this Parent History Form Prior to the Physical Screening*

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_ Sport(s): \_\_\_\_\_

Address: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Personal Physician: \_\_\_\_\_

### ***In case of emergency, contact:***

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone (H): \_\_\_\_\_ Phone (C): \_\_\_\_\_ Phone (W): \_\_\_\_\_

***Explain "Yes" answers below. Circle questions you don't know the answers to.***

GENERAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?		
2. Do you have an ongoing medical condition (like diabetes or asthma)?		
3. Are you currently taking any prescription or nonprescription (over-the-counter) medicines or pills?		
4. Do you have allergies to medicines, pollens, foods, or stinging insects?		
5. Have you ever passed out or nearly passed out <b>DURING</b> exercise?		
6. Have you ever passed out or nearly passed out <b>AFTER</b> exercise?		
7. Have you ever had discomfort, pain, or pressure in your chest during exercise?		
8. Does your heart race or skip beats during exercise?		
9. Has a doctor ever told you that you have ( <i>check all that apply</i> ): <input type="checkbox"/> High blood pressure <input type="checkbox"/> A heart murmur <input type="checkbox"/> High cholesterol <input type="checkbox"/> A heart infection		
10. Has a doctor ever ordered a test for your heart? ( <i>for example: ECG, echocardiogram</i> )		
11. Has anyone in your family died for no apparent reason?		
12. Does anyone in your family have a heart problem?		
13. Has any family member or relative died of heart problems or of sudden death before age 50?		
14. Does anyone in your family have Marfan syndrome?		
15. Have you ever spent the night in a hospital?		
16. Have you ever had surgery?		

17. Have you ever had an injury, like a sprain, muscle or ligament tear, or tendinitis that caused you to miss a practice or game? If yes, circle affected area below:								
18. Have you had any broken or fractured bones or dislocated joints? If yes, circle below:								
19. Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast or crutches? If yes, circle below:								
Head	Neck	Shoulder	Upper Arm	Elbow	Forearm	Hand/ Fingers	Chest	
Upper Back	Lower Back	Hip	Thigh	Knee	Calf/Shin	Ankle	Foot/ Toes	

20. Have you ever had a stress fracture?		
21. Have you been told that you have or have you had an x ray for atlantoaxial (neck) instability?		
22. Do you regularly use a brace or assistive device?		
23. Has a doctor ever told you that you have asthma or allergies?		
24. Do you cough, wheeze, or have difficulty breathing during or after exercise?		

	Yes	No
25. Is there anyone in your family who has asthma?		
26. Have you ever used an inhaler or taken asthma medicine?		
27. Were you born without or are you missing a kidney, an eye, a testicle, or any other organ?		
28. Have you had infectious mononucleosis (mono) within the last month?		
29. Do you have any rashes, pressure sores, or other skin problems?		
30. Have you had a herpes skin infection?		
31. Have you ever had a head injury or concussion?		
32. Have you been hit in the head and been confused or lost your memory?		
33. Have you ever had a seizure?		
34. Do you have headaches with exercise?		
35. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling?		
36. Have you ever been unable to move your arms or legs after being hit or falling?		
37. When exercising in the heat, do you have severe muscle cramps or become ill?		
38. Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease?		
39. Have you had any problems with your eyes or vision?		
40. Do you wear glasses or contact lenses?		
41. Do you wear protective eyewear, such as goggles or a face shield?		
42. Are you happy with your weight?		
43. Are you trying to gain or lose weight?		
44. Has anyone recommended you change your weight or eating habits?		
45. Do you limit or carefully control what you eat?		
46. Do you have any concerns that you would like to discuss with a doctor?		

### **FEMALES ONLY**

47. Have you ever had a menstrual period?		
48. How old were you when you had your first menstrual period?		
49. How many periods have you had in the last 12 months?		

### **EXPLAIN "YES" ANSWER HERE**

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**I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.**

Signature of Athlete \_\_\_\_\_ Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_



Saddleback Valley Unified School District

## PHYSICAL EXAMINATION FORM

*To Be Completed By Physician*

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight\* \_\_\_\_\_ % Body Fat (optional) \_\_\_\_\_ Pulse \_\_\_\_\_ BP: \_\_\_\_/\_\_\_\_ (\_\_\_\_/\_\_\_\_)

Vision: R 20/\_\_\_\_ L20/\_\_\_\_ Corrected: Y N Pupils: Equal \_\_\_\_\_ Unequal \_\_\_\_\_

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes/ears/nose/throat			
Hearing			
Lymph Nodes			
Heart			
Murmurs			
Pulses			
Lungs			
Abdomen			
Genitourinary (males only)+			
Skin			

MUSCULOSKELETAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Neck			
Back			
Shoulders/Ann			
Elbow/Forearm			
Wrist/Hand/Fingers			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot/Toes			

\*Multiple examiners set up only

+Having a third party present is recommended for the genitourinary examination

Allergies: \_\_\_\_\_

Notes: \_\_\_\_\_

- ☐ Cleared without restriction  
☐ Cleared with recommendations for further evaluation or treatment for: \_\_\_\_\_  
☐ Not Cleared for ☐ All Sports ☐ Certain Sports: \_\_\_\_\_ Reason: \_\_\_\_\_

Recommendations: \_\_\_\_\_

Name of Physician: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

SIGNATURE OF PHYSICIAN: \_\_\_\_\_ Date: \_\_\_\_\_

**STAMP IS REQUIRED**

## El Toro High School Instrumental Music and Color Guard RBR Musician Uniform Agreement

Your RBR uniform is the property of El Toro High School and is stored and maintained by the band boosters. If a uniform becomes soiled or damaged, please alert an IMPB Board Member. In the event that a student damages his/her uniform, the student/student's family may be financially responsible. Such damage should not occur if the student follows the following guidelines:

1. Uniforms are not to be taken off school property unless worn/brought to an official show/competition. You may not take your uniform home.
2. No eating or drinking (except water) while in uniform.
3. No make-up should be worn while in uniform (to protect the uniform)
4. No jewelry of any kind should be worn while in uniform (plugs, piercings, etc.).
5. The student must wear the uniform in a respectful manner (e.g., shako forward, jacket and pants zipped).
6. Students should not sit on the ground or lean against any dirty surface (especially buses) while in uniform.
7. No running in uniform.
8. No PDA (public displays of affection) while in uniform. You will be reminded by chaperones if this rule is violated.
9. Always hang your uniform in your uniform bag correctly after wearing.
10. Do not store anything in your uniform bag other than the uniform. Shako boxes should only contain your shako and gloves.
11. NEVER touch plumes, the boosters will issue and collect plumes at the competition site.

By signing this page, I certify that I have read all of the policies Uniform Agreement and agree to abide by them. I understand that failure to conform to these policies may result in disciplinary action, lowered grades, payment to replace damaged uniforms or, in extreme circumstances, dismissal from the program. **Please return the bottom half of this document by August 13 2021.**

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Student Name (Print)

\_\_\_\_\_  
Parent/Guardian Signature



### Chaperone Duties & Instructions Acknowledgment

Thank you for volunteering your time for our instrumental music program! Your assistance is appreciated. Below is a set of duties and instructions to follow when chaperoning our students.

1. Follow all instructions provided to you by the music director & staff. You are expected to stay with your group of students for the entire event.
2. Assist the music director and student leaders by taking roll prior to departure from ETHS, performance sites, any stop-over requiring boarding of the bus, and other times as appropriate or instructed.
3. Ensure that students remain seated with arms inside the bus and do not become rowdy.
4. While at the event, our students are to be courteous to the other bands at all times. No disruptions, yelling or walking around while the other bands are performing. They are to give the other bands the courtesy that they would expect for themselves.
5. When arriving at destinations, students are to remain on the bus until they are instructed otherwise.
6. Assist with logistics and other issues at the event site, including the loading, unloading and movement of equipment and props.
7. If a disciplinary issue arises with a student, contact the music director immediately.
8. If basic first aid is necessary, please contact the First Aid Coordinator on your contact list. Check the medical log for restrictions for that student before administering any medication, and record the administration of any medication in the log. Be on the alert for any allergic reactions.
9. Prescription medications taken by students are required to be administered by a parent/chaperone. If medication is administered on a school trip, it must be recorded in our medical log, even if it is an over-the-counter medication. In the front of the medical log, there is a list of students with allergies/health issues.
10. If an emergency occurs, contact the music director immediately for further instructions. **If appropriate, dial 911 or notify event security first.** If necessary, travel with a music director and student to the hospital.
11. The use of foul language, in any form, around our students is unacceptable.
12. Refrain from public criticism of individuals, including staff, students, directors, administrators, competitors etc.
13. Due to SVUSD insurance guidelines and liability limitations **NO SIBLINGS are allowed to travel on the bus with parent chaperones.**
14. All school and district rules apply on our trips.

***If you have nothing to do, just ask! We always need plenty of help.***

With your assistance, the El Toro Music Program trips will be fun and memorable experiences for students and parents alike! Thank you for giving of yourself to make this a successful program.

***If you have any questions, please contact***

Maureen Macias (949)525-1590, Barbara Sellke (949) 307-7676

Please detach the form below & sign to indicate that you have read and understand the above duties and instructions and agreed to abide by them. Please keep this top portion for your reference.

**I have read and understand the ETHS IMPB Chaperone duties & instructions:**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Your Name (Chaperone): \_\_\_\_\_

Your Student's Name : \_\_\_\_\_

Chaperone cell phone #: \_\_\_\_\_

Chaperone email: \_\_\_\_\_